

LUNCH & JOY – OCTOBER 2026

All meals includes: drink of the day (iced tea or lemonade) and mint or mini candy

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	5	6	7	8	9
OPTION 1	PANCAKES Scrambled eggs and fruit Yogurt, cheese stick, fruity snacks or granola bar Toppings: whipped cream, chocolate, caramel and strawberry syrup, sprinkles	FRENCH TOAST STICKS Fruit Yogurt, cheese stick or granola bar Toppings: whipped cream, chocolate, caramel and strawberry syrup, sprinkles	AÇAÍ BOWL Made with superfruit acai berry puree, frozen bananas, blueberries and strawberries then topped with fresh fruit and granola	WAFFLES Fruit Yogurt, cheese stick, fruity snacks or granola bar Toppings: whipped cream, chocolate, caramel and strawberry syrup, sprinkles	NO HOT LUNCH
OPTION 2	QUESADILLAS Fruit Yogurt, cheese stick or granola bar	ALPHABET SOUP Served with crackers	QUESADILLAS Fruit Yogurt, cheese stick or granola bar	BEAN AND CHEESE BURRITOS Fruit Yogurt, cheese stick, fruity snacks or granola bar	
OPTION 3	CHICKEN BURGER Served with french fries	SHREDDED MEAT BURRITOS 2 meat and potatoes burritos served with mexican rice	ORANGE CHICKEN Orange chicken and steamed rice Served with broccoli	CHICKEN TOMATO PASTA Served with broccoli and garlic bread	
OPTION 4 SPECIAL	CAESAR SALAD WITH CHICKEN BREAST	CHICKEN FAJITA GUACAMOLE TACOS	SALMON RICE BOWL	CARNE ASADA LOADED FRIES	
	12	13	14	15	16
OPTION 1	PANCAKES Scrambled eggs and fruit Yogurt, cheese stick, fruity snacks or granola bar Toppings: whipped cream, chocolate, caramel and strawberry syrup, sprinkles	FRENCH TOAST STICKS Fruit Yogurt, cheese stick or granola bar Toppings: whipped cream, chocolate, caramel and strawberry syrup, sprinkles	BREAKFAST CROISSANT Egg, ham, bacon, and cheese croissant Fruit, yogurt or cheese stick	WAFFLES Fruit Yogurt, cheese stick, fruity snacks or granola bar Toppings: whipped cream, chocolate, caramel and strawberry syrup, sprinkles	NO HOT LUNCH
OPTION 2	QUESADILLAS Fruit Yogurt, cheese stick or granola bar	FIDEO SOUP Served with crackers	QUESADILLAS Fruit Yogurt, cheese stick or granola bar	BEAN AND CHEESE BURRITOS Fruit Yogurt, cheese stick, fruity snacks or granola bar	
OPTION 3	CHICKEN NUGGETS Served with french fries	BIRRIA TACOS served with refried beans	CHICKEN ALFREDO PASTA Served with broccoli and garlic bread	ITALIAN SUB SANDWICH Served with chips	
OPTION 4 SPECIAL	BUFFALO CHICKEN SALAD	QUESA-BIRRIA	SHRIMP ALFREDO PASTA Creamy pasta with spinach, bacon and shrimp. Served with garlic bread	PHILLY CHEESESTEAK SANDWICH	
	19	20	21	22	23
OPTION 1	PANCAKES Scrambled eggs and fruit Yogurt, cheese stick, fruity snacks or granola bar Toppings: whipped cream, chocolate, caramel and strawberry syrup, sprinkles	FRENCH TOAST STICKS Fruit Yogurt, cheese stick or granola bar Toppings: whipped cream, chocolate, caramel and strawberry syrup, sprinkles	FRUIT & YOGURT BOWL Bowl with a creamy yogurt base, topped with fresh seasonal fruit like strawberries, blueberries, and mango. Optional toppings: granola, honey, flavored syrups, coconut flakes, sprinkles and mini chocolate chips.	WAFFLES Fruit Yogurt, cheese stick, fruity snacks or granola bar Toppings: whipped cream, chocolate, caramel and strawberry syrup, sprinkles	NO HOT LUNCH
OPTION 2	QUESADILLAS Fruit Yogurt, cheese stick or granola bar	SHELL SOUP Served with crackers	QUESADILLAS Fruit Yogurt, cheese stick or granola bar	BEAN AND CHEESE BURRITOS Fruit Yogurt, cheese stick, fruity snacks or granola bar	
OPTION 3	GROUND BEEF PASTA Served with garlic bread	CHICKEN TERIYAKI Chicken teriyaki and steamed rice Served with Baby carrots	PIZZA TOAST Served with spaghetti	CHICKEN BITES, MAC & CHEESE AND BROCCOLI	
OPTION 4 SPECIAL (+\$3.00)	CRISPY CHICKEN CAESAR SALAD	SALMON TACOS With avocado cream. Served with rice and veggies	GALLINA PINTA (Mexican Oxtail soup)	TOSTI-CEVICHE	
	26	27	28	29	30
OPTION 1	PANCAKES Scrambled eggs and fruit Yogurt, cheese stick, fruity snacks or granola bar Toppings: whipped cream, chocolate, caramel and strawberry syrup, sprinkles	FRENCH TOAST STICKS Fruit Yogurt, cheese stick or granola bar Toppings: whipped cream, chocolate, caramel and strawberry syrup, sprinkles	NO HOT LUNCH	NO HOT LUNCH	NO HOT LUNCH
OPTION 2	QUESADILLAS Fruit Yogurt, cheese stick or granola bar	HOME MADE CHICKEN SOUP Served with crackers			
OPTION 3	HOT-DOGS 2 hot dogs french fries	TINGA TACOS 3 tinga (chicken) tacos Served with refried beans			
OPTION 4 SPECIAL (+\$3.00)	CHICKEN CHILAQUILES Served with refried beans	CARNE ASADA BOWL			