



# DIOCESE OF TUCSON CATHOLIC SCHOOLS SPORTS LEAGUE

## Physical Form

THIS SECTION TO BE COMPLETED BY PRIMARY CARE PROVIDER

Student's name \_\_\_\_\_ Sex \_\_\_\_\_ Gr \_\_\_\_\_ DOB \_\_\_\_\_

Father's name \_\_\_\_\_ Mother's name \_\_\_\_\_

### Physical examination:

Known allergies: \_\_\_\_\_

Height: \_\_\_\_\_ Weight \_\_\_\_\_ BP: \_\_\_\_\_

Vision: without glasses: B 20/\_\_\_\_ R 20/\_\_\_\_ L 20/\_\_\_\_

Vision: with glasses: B 20/\_\_\_\_ R 20/\_\_\_\_ L 20/\_\_\_\_

Hearing: R \_\_\_\_\_ L \_\_\_\_\_

Eyes \_\_\_\_\_ Glands \_\_\_\_\_ Skin \_\_\_\_\_

Ears \_\_\_\_\_ Heart \_\_\_\_\_ Nutrition \_\_\_\_\_

Nose \_\_\_\_\_ Lungs \_\_\_\_\_ Speech \_\_\_\_\_

Teeth \_\_\_\_\_ Gums \_\_\_\_\_ Throat \_\_\_\_\_

Tonsils \_\_\_\_\_ Hernia \_\_\_\_\_ Posture \_\_\_\_\_

Abdomen \_\_\_\_\_ Orthopedic \_\_\_\_\_ Scoliosis : Neg: \_\_\_\_\_ Pos: \_\_\_\_\_

Urinalysis: \_\_\_\_\_

Immunizations Given Today:  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Hgb: \_\_\_\_\_

Cocci: Date: \_\_\_\_\_ Res: \_\_\_\_\_

Tbc: Date: \_\_\_\_\_ Res: \_\_\_\_\_

Is this student currently receiving any medications? \_\_\_\_\_ List meds: \_\_\_\_\_

Does this student have any physical conditions or other restrictions which will limit the student's involvement in a regular school program or school activities? \_\_\_\_\_

I certify that I have on this date examined the above-named student and I have found no medical reason to disqualify him/her from participating in all supervised physical education activities and athletics with the exception: \_\_\_\_\_

Care provider's comments and/or recommendations: \_\_\_\_\_

Print care provider's name \_\_\_\_\_ MD DO PA NP

Care provider's signature \_\_\_\_\_ Date \_\_\_\_\_ Phone # \_\_\_\_\_

- over -



## DIOCESE OF TUCSON CATHOLIC SCHOOLS SPORTS LEAGUE

### Health History

THIS SECTION TO BE COMPLETED BY PARENT

Today's date \_\_\_\_\_ Child's Entering Grade \_\_\_\_\_  
 Student's Name \_\_\_\_\_ DOB \_\_\_\_\_  
Last First M.I.

Known Medication Allergies \_\_\_\_\_

Known Food Allergies \_\_\_\_\_

Has your child ever had any of the following?

| Condition            | Yes, date | No | Condition            | Yes, date | No | Condition        | Yes, date | No |
|----------------------|-----------|----|----------------------|-----------|----|------------------|-----------|----|
| Allergies (seasonal) |           |    | Hearing Problems     |           |    | Rheumatic Fever  |           |    |
| Anemia               |           |    | Heart Problems       |           |    | Scoliosis        |           |    |
| Asthma               |           |    | Hepatitis            |           |    | Seizures         |           |    |
| Back Pain            |           |    | Hernia               |           |    | Sinus Problems   |           |    |
| Chicken Pox          |           |    | Hives                |           |    | Strep Throat     |           |    |
| Concussion           |           |    | Joint Pain/Arthritis |           |    | Stomach Problems |           |    |
| Diabetes             |           |    | Kidney Problems      |           |    | Tuberculosis     |           |    |
| Eczema               |           |    | Menstrual Cramps     |           |    | Valley Fever     |           |    |
| Emotional Problems   |           |    | Migraine Headaches   |           |    | Vision Problems  |           |    |
| Fainting             |           |    | Mononucleosis        |           |    | Other            |           |    |

| Description | Year | Description | Year |
|-------------|------|-------------|------|
| Operations  |      |             |      |
| Operations  |      |             |      |
| Sprains     |      |             |      |
| Fractures   |      |             |      |

Does your child wear glasses or contact lenses? \_\_\_\_\_ Date of last Tetanus Booster \_\_\_\_\_

If your child is currently under doctor's treatment, please explain and give doctor's name: \_\_\_\_\_

Medications now taking \_\_\_\_\_

*If medications are to be given at school, complete "Parent Consent for Giving Medications at School" form.  
This must be on file before any medications can be given at school.*

Does this student have any physical conditions or other restrictions which will limit the student's involvement in the school program? \_\_\_\_\_ Explain \_\_\_\_\_

Name of Family Physician \_\_\_\_\_ Phone \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_